



REGINA GLOBE WALK

Be part of our fitness adventure!

EXPLORE CANADA'S NATIONAL PARKS

For Teams or Individuals 50+ years

This spring let's keep our goal to be more active!
Be part of the Globe Walk for success!

From May - June teams will motivate one another to:

Stroll or Roll, Hike or Bike, Swim or Gym

(All Physical Activity Counts)

Stay fit this spring

REGISTER YOUR GLOBE WALK TEAM

With Your Regina Team Captain or Coordinator

(No cost to join)

FOR MORE INFORMATION VISIT OUR WEBSITE:

www.scoaglobewalk.net

Call: Team Captain:

Or Alice Samkoe, Coordinator: (306) 522-1247

